# **OUR VISION**

The Kent Center is dedicated to improving the quality of life in our communities by promoting growth, mutual interdependence and recovery. Our programs focus on maximizing the strengths of individuals and systems, while minimizing the deficits. We strive to create an atmosphere where dignity, respect and equality are commonplace...thus enabling the fullness of the human potential to develop.

# **OUR GUIDING PRINCIPLES**

### **Community Connections**

providing services while networking with others

# **Systems of Support**

promoting a "systems" approach to service delivery

### **Strength Focus**

mobilizing the strengths within us

### **Change and Growth**

a constant in life is change itself

# **Dignity and Respect**

what all people deserve at all times

# Recovery

turning life experiences into growth opportunities

# Courage

taking risks to improve one's life

#### **Teamwork**

fostering creative synergy for better outcomes

# **Continuous Improvement**

maintaining a commitment to excellence

# Nonviolence

fostering peaceful resolution of conflict

# **Trauma Informed**

recognizing the significance of psychological trauma



#### **CONTACT INFORMATION**

For more information or to schedule a non-urgent appointment call (401) 732-5656

If you need immediate help call our 24 Hour Emergency Services (401) 738-4300

If you are hearing impaired you can reach us through the RI Relay for the Hearing Impaired 1-800-745-5559

Visit us on the web www.thekentcenter.org

2756 Post Road, Suite 104 Warwick, RI 02886-3003

The Kent Center is a private, tax-exempt charitable organization. Make a donation and make a difference in people's lives. Call our Development Office at (401) 691-6000, x335 to learn how.

Thank you!





Dedicated to effective, compassionate care for people facing behavioral health challenges Since our founding in 1976, it has been our mission to improve the quality of life for individuals and families who face behavioral health challenges. Through an array of mental health, substance abuse and trauma-informed programs, and with the commitment of experienced and dedicated professionals, we are assisting people in their recovery. Our staff collaborates fully to ensure a holistic approach to care that treats the person, not the illness. Above all, The Kent Center is dedicated to effective, compassionate service in an atmosphere of dignity and respect.

# **Outpatient Counseling**

All outpatient services begin with a comprehensive assessment that applies equal significance to potential issues of mental illness, substance abuse and trauma. Using this approach, our specially trained clinicians work in partnership with our clients to develop a treatment plan. The primary goal of outpatient services is to provide focused counseling that addresses agreed upon, measurable goals that will lead to recovery.

#### Services include:

- Individual, group & family counseling
- Drug and alcohol dependency treatment programs
- Evaluation and medication support from our accredited psychiatry team
- Programs for specific populations, i.e., veterans, victims of crime, victims of trauma, court referred clients, etc.

# **Community Support Services**

The Kent Center's Community Support Programs provide a coordinated system of care for adults with serious and persistent mental illness, enabling individuals to maintain psychiatric stability, a good quality

of life in the community, and ultimately to achieve their own personal recovery.

Services include:

- Psychiatric, counseling and case management services, designed for each person's needs
- On-going assessment, advocacy, daily living and vocational skills development
- 24 Hour Emergency Services
- · Older Adult Services
- Residential Services (group homes and supervised apartments)
- Hillsgrove House, a clubhouse model of service that provides social and vocational supports for adults
- Court Clinic, a court-based clinician evaluates behavioral health status of individuals who come before the court and recommends appropriate treatment and services.

### **Youth & Family Services**

The Kent Center provides a full range of specialized services for children and youth who face emotional or behavioral health challenges, or who have experienced trauma. Our clinicians, case managers and psychiatrists apply a 'family centered' treatment approach, which views the entire family as the client. Treatment may be provided in a family's home, school, other community setting, or at The Kent Center.

Services include:

- Psychiatric and counseling services, including intensive intervention and emergency services
- A specialized diagnosis and evaluation clinic addressing ADD/ADHD issues
- Family support such as in-home and office-based family therapy, parenting skills classes, and oneon-one parent aide services
- The Eleanor Briggs School: intensive clinical and educational services to assist students in grades K-12 to achieve academic and social success

# **Integrated Primary Care**

The Kent Center provides primary care and wellness services to its behavioral health clients and the community at large through a practice called Primary Care Partners (PCP). PCP integrates primary care, behavioral healthcare and wellness for better health outcomes and patients' overall quality of life.

Services include:

- Primary care medial services that address immediate health concerns, that manage chronic health issues, and that focus on prevention
- Nurse care management for Kent Center clients also receiving behavioral health services to ensure the integration of care
- Onsite wellness services, including one-on-one consultations
- Onsite pharmacy and laboratory

#### **Other Services**

The Kent Center is dedicated to improving the overall mental fitness of the communities it serves through a series of specialized programs, including:

# Crisis Response Services

Our staff performs outreach to provide therapeutic services to businesses, schools, community organizations and individuals in the aftermath of a traumatic event, such as a fire, robbery, accident or suicide.

# **Housing Services**

As a Federal 'Housing Authority,' The Kent Center administers a Mainstream Housing Choice Voucher program for people with disabilities and is also a certified sponsoring agency for Rhode Island Housing's RoadHome rental assistance program. Additionally, the Center and its subsidiary companies develop, own and manage apartments and houses that are available for rent by Kent Center clients, as well as the general public.